



**St. John Ambulance**

**SAVING LIVES**  
at work, home and play

29 March 2025

To Whom It May Concern:

**Re: Volunteers for St. John Ambulance Ontario Medical First Response Competition (OMFRC)**

For many years, St. John Ambulance has hosted a Provincial Competition where competitors compete in simulated medical emergency scenarios. This competition is a large undertaking which requires many volunteers to be casualties, escorts, logistics or hospitality personnel, and with appropriate qualifications; to be judges and casualty simulators. Without volunteers, a competition of this size is not possible. We would truly appreciate your assistance to reach our goal of the required number of volunteers.

All Volunteers, whether existing members of St. John Ambulance or those members of the public, family or friends wishing to volunteer for this day's Competition, must registration online in advance of our event. Please visit [OMFRC.ca](http://OMFRC.ca), our website for our Competition and click on the "Register to Volunteer" button on the main page. Please complete your registration and indicate your volunteer preferences and your dietary requirements, etc.. for the day. We expect to then contact you with a follow-up email after this process is complete sometime prior to the event to confirm your participation. Thank you in advance!

The Ontario Medical First Response Competition will be **Saturday October 18, 2025 at Grandview Kids Ajax – 1461 Harwood Avenue North, Ajax, Ontario, L1T 0R3.**

We are requesting that volunteers arrive prior to 8am to allow for briefings and setup to occur prior to the start of the competition, scheduled for 10am. The competition runs through the day, scheduled to conclude before 6:00pm. Lunches and refreshments will be provided to all volunteers. Light refreshments at a reception following the last scenario and cleanup will be provided to all helping us out on the day. Spectators are welcome to watch. Everyone must prepare and dress appropriately for being outdoors during the day. Photography is permitted.

Yours truly

Paul Sims KStJ, R.N. E.M.C.A  
St. John Council for Ontario Chair,  
Ontario Medical First Response Challenge Group